

BUDGET FRIENDLY RECIPES

With the cost of food and energy on the rise, we have found a few websites with delicious budget friendly recipes. There is something for everyone and even better, some of the recipes are coming in at less than £1 a portion.

<https://www.jamieoliver.com/budget-friendly-recipes/>



<https://realfood.tesco.com/budget-meals.html>

[Browse Recipes - Feed Your Family for £20 a week \(fyf20quid.co.uk\)](http://fyf20quid.co.uk)



This budget-friendly meal plan covers a week's worth of dinners for four adults, coming in at under £28 in total

https://www.bbc.co.uk/food/articles/budget_family_meal_plan_for_four

meal planning on a budget



You can create a comforting three-course Christmas dinner for as little as £3.52 a head

https://www.bbc.co.uk/food/articles/christmas_dinner_budget